

ARMY PUBLIC SCHOOL, RK PURAM

HOLISTIC PERSONALITY DEVELOPMENT(HPD) INTEGRATED INTO SCHOOL CURRICULUM 2014

SUBJECT : AHPL

CLASS : II

S.NO	NAME OF THE UNIT/CHAPTER	ACTIVITY	PERSONALITY TRAITS/VALUES
1.	Myself	Tap your feet Jump twice Raise your left arms Clap your hands Nod your head Move your finger	Self Awareness
2.	Functions of My body	List out the things that you can do to help your mother	Self Awareness, cleanliness
3.	My sense organs	Blind fold activities to differentiate the bad smell and good smell. List of Delicious food made by your mother.	Self Awareness
4.	My personal things	Good habit song. List of the daily activities done before coming to school.	Responsibility, Positive Attitude, Care for belongings
5.	My Clothes	Make a chart of various dresses worn on various seasons.	Dress Sense, Confidence, Attitude, Liveliness, Sensitivity to environment.
6.	My Food	Chart of Food Pyramid. Healthy Sandwiches. Eating habits of balanced diet.	Health Awareness
7.	My Safety	PPT on safety rules on roads. Making a traffic signal with icecream sticks. Make a first – aid box. When the teacher is not in the class, the scene of the class.	Problem Solving, Environment Awareness.
8.			

9.	My Family	Making family tree. Make a photo frame with your family photo. Make a card for mother and father.	Togetherness, Care for Elders, Concern for other, Caring
10.	We share and care	Tiffin Sharing. List the things you do on Sundays. Talking about Grand Parents care.	Motivation, Social Etiquettes, Humanity, Generosity
11.	Fun with Family	Celebrating a child's birthday (Making someone special on their special day). List of the things to be taken on a picnic.	Empathy, Love, Compassion, Togetherness.
12.	Our Religious Festivals	Making Diyas on Diwalis. Making Rakhis on Rakshabhandan. Celebrating a festival in class. Items for decoration and special food items.	Nationalism knowledge of all religions to develop Tolerance.
	Our National Festivals	Showing the photos of the great leaders, talking about the sacrifices of their lives for the freedom of our country.	Nationalism, secularism, Respect , Co-operation.
13	Unit -3 L-13 Our Houses	Making a house with waste materials. Draw a plan of your house.	Global outlook, creative thinking.
14	Unit-4 L-14 Public services	Visiting a hospital and police station.	Meaningful community service.
15	L-15 Celebrations in neighbor hood	Draw and decorate a diya	Unity, togetherness, secularism
16	L-16 Our Occupations	Ask a child to mime a person who help us and rest of the class should guess.	Love, giving respect to all occupations.
17	L-17 Our Dresses	Paste different kinds of dresses worn by people in different areas.	Dress sense, oneness and harmony inspite of diversity.
18	L-18 Our Food	Classifying food stuffs from plants and animals.	Team work, proper use of knowledge.
19	L-19 Our Green Friends	Nature walk around the school and nearby park.	Environment awareness and conservation.

		Observing different kinds of plants.	
20	L-20 Our Animal World	Visiting a zoo. Paste pictures of domestic, wild and pet animals.	Environment awareness and conservation.
21	Unit-5 L-21 Means of Transport	Paste pictures of various means of transport.	Respect traffic rules, curiosity.
22	L-22 Means of communication	Visiting a post office to know the functioning. Make a list of important telephone numbers.	Effective communications.
23	Unit -6 L-23 Natural Features	Observe day and night sky. List the things you can see.	Environment awareness.
24	L-24 Weather	Paste pictures of different dresses we wear according to weather.	Environmental sensitivity, time intelligence.